

The Meaning of Aura Colours

Auric colors provide us with an alternative in understanding our emotions, consciousness, energy processes, and centres, and the inner self. In obtaining a color analysis one should always seek the assistance of a trained and experienced Aura imaging therapist or counsellor. If any medical problem is found through the analysis of your color image you should seek trained medical help. It is not the purpose of this article to replace any therapeutic analysis.

The following eight parts of the body should be studied when you're analysing an aura colour image;

- 1) The centre is the area around the head and is what you experience for yourself now, it is the color that best describes you.
- 2) The right side, the color on the right side of an aura photo is traditionally the energy being expressed, it is the energy that you are putting out the world.
- 3) Left Side. The left side of an aura photo (the person's right side) represents the energy entering the body.
- 4) The Throat Area. The throat represents energy that is being expressed verbally, if an aura image shows that the energy is flowing well in this area, you can assume that this person finds it easy to express their thoughts and feelings.
- 5) The heart, the color on the heart represents the energy of your feelings to yourself and others, the heart is the centre of compassion, love, and connection with the universe.
- 6) Solar Plexus. The aura colour around the solar plexus is associated with the central vibrations of being, and also with money and power. This is also your self-esteem centre.
- 7) The Reproductive Area. This area of the body represents sensuality, creativity, and sociability. When the auric energy in this area is well balanced, that person will most likely have a positive and healthy attitude about love.
- 8) The root, the color of the root area represents the energy of the physical plane and material reality. If you are trying to succeed in the world, you will be focusing your energy here. This is also the source of power and ego development.

There are 21 different colours, which range from ultraviolet to infrared, that can be seen in each of these eight colour areas. These colours have different meanings which are dependent on the area of the body that is being analysed. When you have an aura colour image taken this can be viewed as a blueprint of the various colours.

For a full and comprehensive analysis of your aura color image you must consult a professional.

About the Author

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